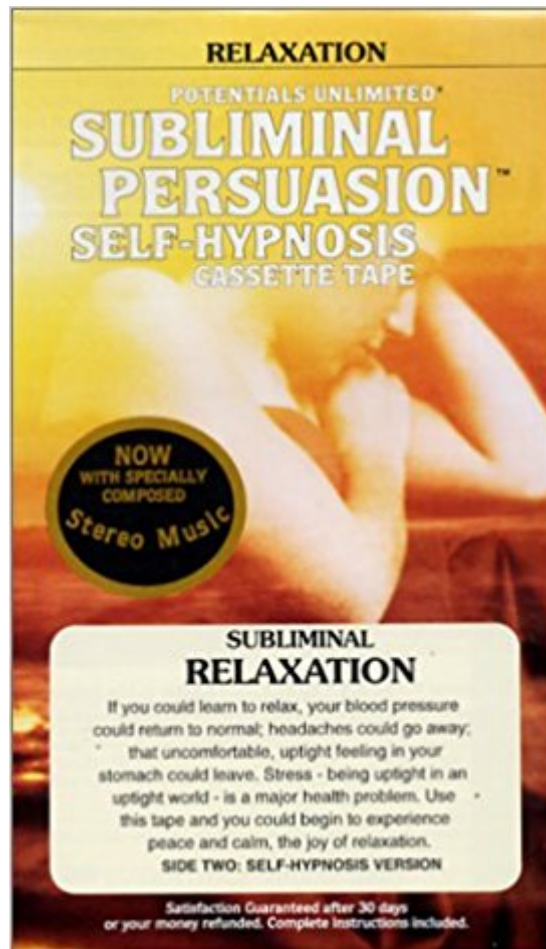


The book was found

Relaxation: Subliminal Persuasion/Self-Hypnosis



Synopsis

Excellent 2 cassette set that utilizes music, subliminal persuasion and self-hypnosis to effectively train your subconscious to learn the material.

Book Information

Audio Cassette

Publisher: Potentials Unlimited Audio (November 1985)

Language: English

ISBN-10: 0870823574

ISBN-13: 978-0870823572

Product Dimensions: 0.8 x 4.2 x 7.2 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #12,052,509 in Books (See Top 100 in Books) #97 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #3960 in Books > Self-Help > Hypnosis #13287 in Books > Self-Help > Stress Management

Customer Reviews

Excellent 2 cassette set that utilizes music, subliminal persuasion and self-hypnosis to effectively train your subconscious to learn the material.

Really helps you relax.

I first purchased this audio cassette in 1985 and found it to be the best investment I could have made. I have misplaced that first tape and am so pleased to have found it again. I used the night version mostly as my corporate position was very stressful. I highly recommend this fabulous audio cassette.

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